







December 2017

Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*PCC Classes are marked with an asterisk*</p>  <p>To register for a PCC class, call 971.722.6266</p>	<p>Tigard Senior Center Meals on Wheels People is located at:</p>  <p>8815 SW O'Mara St. Tigard, OR 97223 503.620.4613</p>	<p><i>Merry Christmas</i></p> 	 <p>ZingerBug.com</p>	<p>1</p> <p>8:45 Sr. Senior Fitness 9:00 Hearing Clinic 10:00 Senior fitness 9:00 Wood Carving 10:30 Yoga 11:30 Senior Dining 12:45 BINGO</p>
<p>4</p> <p>8:45 Senior Fitness 10:00 Senior Fitness 10:00 * Spanish 1* 10:30 Yoga 11:30 Senior Dining 1:00 Painting Group 1:00 Stamp club 1:00*Spanish 2*</p>	<p>5</p> <p>9:00 Art Club 10:30 ESL Intermediate 11:00 -2:00 Shiba open enrollment 11:30 Senior Dining 12:30 ESL Adv. 12:30 ESL Beginning 1&2 12:30 Bridge 12:45 BINGO</p>	<p>6</p> <p>Birthdays Lunch</p>  <p>11:30-1:00</p> <p>12:00 Tigard Garden Club</p> <p>1:30 Advisory Council</p>	<p>7</p> <p>10:00 Knit-Wits 10:00 Quilters 10-12 Computer Help 10:30*Gentle Yoga* 10:30 ESL inter. 11:30 Senior Dining 12:30 ESL Beg.1 Beg.2 &Adv. 6:15 *Yoga 7:00pm Rose City Model</p>	<p>8</p> <p>8:45 Sr. Senior Fitness 10:00 Senior fitness 9:00 Wood Carving 10:30 Yoga 11:30 Senior Dining</p> <p>12:45 BINGO</p>
<p>11</p> <p>8:45 Senior Fitness 10:00 Senior Fitness 10:30 Yoga 11:30 Senior Dining 1:00 Painting Group</p> <p>7:00pm Rose City Stitchers</p>	<p>12</p> <p>9:00 Art Club 10:30 ESL 11:30 Senior Dining 12:30 ESL Adv. 12:30 ESL Beginning 1&2 12:30 Bridge</p> <p>12:45 Bingo</p>	<p>13</p> <p>8:45 Senior Fitness 9:00 Foot Clinic 10:00 Senior Fitness 10:30 ESL Advanced 11:30 Senior Dining</p>	<p>14</p> <p>10:00 Knit-Wits 10:00 Quilters 10-12 Computer Help 10:30 ESL inter. 11:30 Senior Dining 12:30 ESL Beg.1&2 12:30 ESL Adv.</p>	<p>15</p> <p>8:45 Sr. Senior Fitness 10:00 Senior fitness 9:00 Wood Carving 10:30 Yoga 11:30 Senior Dining</p> <p>12:45 BINGO</p> <p>1:00 Alzheimer's Support</p>
<p>18</p> <p>8:45 Senior Fitness 10:00 Senior Fitness 10:30 Yoga 11:30 Senior Dining 1:00 Painting Group</p>	<p>19</p> <p>9:00 Art Club 10:30 ESL 11:30 Senior Dining 12:30 ESL Adv. 12:30 ESL Beginning 1&2 12:30 Bridge 12:45 Bingo</p> <p>6:30pm NWV Speedsters</p>	<p>20</p> <p>8:45 Senior Fitness 9:00 Foot Clinic 10:00 Senior Fitness 10:30 ESL Advanced 11:30 Senior Dining</p>	<p>21</p> <p>10:00 Knit-Wits 10:00 Quilters 10-12 Computer Help 10:30 ESL inter. 11:30 Senior Dining 12:30 ESL Beg.1&2 12:30 ESL Adv.</p>	<p>22</p> <p>8:45 Sr. Senior Fitness 10:00 Senior fitness 9:00 Wood Carving 10:30 Yoga 11:30 Senior Dining HOLIDAY LUNCH 12:45 BINGO</p>
<p>25</p>  <p>Center closed for the holiday</p>	<p>26</p> <p>9:00 Art Club 10:30 ESL 11:30 Senior Dining 12:30 ESL Adv. 12:30 ESL Beginning 1&2 12:30 Bridge 12:45 Bingo 7:00pm Alzheimer Support Group</p>	<p>27</p> <p>8:45 Senior Fitness 9:00 Foot Clinic 10:00 Senior Fitness 10:30 ESL Advanced 11:30 Senior Dining</p>	<p>28</p> <p>10:00 Knit-Wits 10:00 Quilters 10-12 Computer Help 10:30 ESL inter. 11:30 Senior Dining 12:30 ESL Beg.1&2 12:30 ESL Adv.</p>	<p>29</p> <p>8:45 Sr. Senior Fitness 10:00 Senior fitness 9:00 Wood Carving 10:30 Yoga 11:30 Senior Dining New Year's Celebration</p> <p>12:45 BINGO</p>

