

# February 2020 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> 8:45 & 10:00 Senior Fitness 9:00 Foot Care <b>10:00 PCC Spanish *1</b> <b>11:30 Senior Dining</b> <b>12:00 PCC Spanish*</b> 1:00 Stamp Club 1:00 Painting Group 1:30 Red Hat Group  <b>*7:00 PCC Yoga 1</b>	<b>4</b> 9:00 Art Club 9:00 Tai Chi 10:30 ESL Intermediate 11:30 Senior Dining 12:30 ESL Beg. I & 2 12:30 ESL Advanced 12:30 Bridge  <b>12:45 BINGO</b>	<b>5</b> 8:45 Senior Fitness 10:00 Senior Fitness 10:30 ESL Adv Conversation <b>11:30 Senior Dining</b> <b>Birthday Lunch</b> 11:30 Garden Club 12:30 Line Dancing 12:00 ESL Tutoring	<b>6</b> 9:00 Tai Chi 10:00 Knit-Wits 10:00 Quilters 10-12 Computer Help 10:30 ESL Intermediate <b>11:30 Senior Dining</b> 12:30 ESL 1,2,Adv. *3:00 Yoga Basics *5:15 Yoga 1 *6:30 financial Management <b>7:00pm Rose City Model T</b>	<b>7</b> <b>8:45 Senior Fitness</b> <b>10:00 Senior Fitness</b> 9:00 Wood Carving <b>10:00 Yoga</b> <b>11:30 Senior Dining</b> <b>12:45 BINGO</b> <b>1:00 Alzheimer's Asso.</b> <b>Early Stage support</b>
<b>10</b> 8:45 & 10:00 Senior Fitness 9:00 Foot Care <b>10:00 PCC Spanish *1</b> <b>11:30 Senior Dining</b> <b>12:00 PCC Spanish*</b> 1:00 Stamp Club 1:00 Painting Group  <b>*7:00 PCC Yoga 1</b>	<b>11*:</b> 9:00 Art Club 9:00 Tai Chi 10:00 Stitching Group 10:30 ESL Intermediate <b>11:30 Senior Dining</b> 12:30 ESL Beg. I & 2 12:30 ESL Advanced 12:30 Bridge  <b>12:45 BINGO</b>	<b>12</b> 8:45 Senior Fitness 10:00 Senior Fitness 10:30 ESL Adv Conversation <b>11:30 Senior Dining</b> 11:15 Writing Group 12:30 Line Dancing 12:00 ESL Tutoring	<b>13</b> 9:00 Tai Chi 10:00 Knit-Wits 10:00 Quilters 10:00 Free Legal Day 10-12 Computer Help 10:30 ESL Intermediate <b>11:30 Senior Dining</b> 12:30 ESL 1,2,Adv. *3:00 Yoga Basics *5:15 Yoga 1 *6:30 financial Management	<b>14</b> <b>8:45 Senior Fitness</b> <b>10:00 Senior Fitness</b> 9:00 Wood Carving <b>10:00 Yoga</b> <b>11:30 Senior Dining</b> <b>12:45 BINGO</b> <b>1:00 Alzheimer's Asso.</b> <b>Early Stage support</b>
<b>17</b> <a href="#">Closed for Presidents Day</a> 	<b>18</b> 9:00 Art Club 9:00 Tai Chi 10:30 ESL Intermediate <b>11:30 Senior Dining</b> 12:30 ESL Beg. I & 2 12:30 ESL Advanced 12:30 Bridge  <b>12:45 BINGO</b>  6:30 NW Vintage Speedsters	<b>19</b> 8:45 Senior Fitness 10:00 Senior Fitness 10:30 ESL Adv Conversation <b>11:30 Senior Dining</b> 12:00 ESL Tutoring 12:30 Line Dancing	<b>20</b> 9:00 Tai Chi 10:00 Knit-Wits 10:00 Quilters 10-12 Computer Help 10:30 ESL Intermediate <b>11:30 Senior Dining</b> 12:30 ESL 1,2,Adv. *3:00 Yoga Basics *5:15 Yoga 1 *6:30 financial Management	<b>21</b> <b>8:45 Senior Fitness</b> <b>10:00 Senior Fitness</b> 9:00 Wood Carving <b>10:00 Yoga</b> <b>11:30 Senior Dining</b> <b>12:45 BINGO</b> <b>1:00 Alzheimer's Asso.</b> <b>Early Stage support</b>
<b>24</b> 8:45 & 10:00 Senior Fitness 9:00 Foot Care <b>10:00 PCC Spanish *1</b> <b>11:30 Senior Dining</b> <b>12:00 PCC Spanish*</b> 1:00 Stamp Club 1:00 Painting Group  <b>*7:00 PCC Yoga 1</b>	<b>25</b> 9:00 Art Club 9:00 Tai Chi 10:30 ESL Intermediate <b>11:30 Senior Dining</b> 12:30 ESL Beg. I & 2 12:30 ESL Advanced 12:30 Bridge  <b>12:45 BINGO</b> <b>7:00 Alzheimer's support</b>	<b>26</b> 8:45 Senior Fitness 10:00 Senior Fitness 10:30 ESL Adv Conversation <b>11:30 Senior Dining</b> 12:00 ESL Tutoring 12:30 Line Dancing	<b>27</b> <b>9</b> 9:00 Tai Chi 10:00 Knit-Wits 10:00 Quilters 10-12 Computer Help 10:30 ESL Intermediate <b>11:30 Senior Dining</b> 12:30 ESL 1,2, Adv. *3:00 Yoga Basics *5:15 Yoga 1 *6:30 financial Management	<b>28</b> <b>8:45 Senior Fitness</b> <b>10:00 Senior Fitness</b> 9:00 Wood Carving <b>10:00 Yoga</b> <b>11:30 Senior Dining</b> <b>12:45 BINGO</b> <b>1:00 Alzheimer's Asso.</b> <b>Early Stage support</b>
PCC Classes are marked with an asterisk*  To register for a PCC class, call 971.722.6266	Tigard Senior Center Meals on Wheels People is located at:  8815 SW O'Mara St. Tigard, OR 97223 503.620.4613			

